## SESSION GUIDE

Getting your families photo taken is really a magical experience. Creating memories together, being totally in the moment. Thank you for inviting me to capture your family during this season

Firstly, thank you from the bottom of my heart for inviting me into your lives. I can't wait to create some magic together.

Once a location, date and time is chosen, I will send through a questionnaire for you to fill out. The more details you can give me, the better! This allows me to really get a understanding of you and your family.

Prepping your babes (and sometimes your husband) for the session is important. Here are some tips to help you.

Let your kids know a friend is coming to play and take some pictures. Getting your kids out of their comfort zone does take a bit of time, so really pushing the play element helps. If outdoors, let them know where we are going, what fun things we can do and explore. The more information the better, kids love being well informed!

On the day, let the kids call the shots. I spend time getting to know them and playing so that they feel totally comfortable and we get the most natural and happy photos.

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During the session, I do lightly guide you to sit or stand in certain positions. I sometimes (but not often) will try and get one photo of you all looking at the camera, but normally I will just get you chatting and engaging with each other.

These questions to ask your kids are a great prompt to get some smiles and engagement.

- Tell Brooke who your favourite character is in (their favourite tv show or movie)
- Hey, can you tell me what colour mummy and daddy's eyes are?
- Let's play a game, can you guess what colour mummy is thinking of?

Talking about things that are happening that weekend or what happened that day is great too.

I have a few prompts and games I like to use as well, so will bring them out! For in home sessions, playing with the kids toys or reading some books is another great way to engage with each other in front of the camera.

In terms of outfits, some tips include:

- Try not to be too matchy matchy (no white t-shirt and jeans for everyone!)
- Pick your outfit first mama, and then co-ordinate the rest of the family.
- Large logos take away from the photos, so steer clear. Not too many patterns (one is good).
- Neutral colours, with a pop of colour here and there works well

You will get your gallery back within 1-2 weeks.